

Live Like St. Francis: A Guide to Care, Peace, and Kindness

Who Was St. Francis?



A Friend to All Creation

He loved nature, calling the sun "brother" and the Earth "sister."



A Champion for the Poor

He chose a simple life to care for people who were sick, lonely, or forgotten.



A Messenger of Peace

He used courage and gentleness, not anger, to help people choose peace over fear.



How Can We Live Like St. Francis?



Care For Our World

Care for something living, protect shared spaces, and reduce or reuse waste.



Show Kindness to People

Speak gently to others and help anyone who might need your care or kindness today.



Be a Channel of Peace

Forgive someone who has hurt you and be a peacemaker at school and at home.