

# Live Like St. Francis:

## A Guide to Care, Peace, and Kindness

### Who Was St. Francis?



#### A Friend to All Creation

He loved nature, calling the sun "brother" and the Earth "sister."



#### A Champion for the Poor

He chose a simple life to care for people who were sick, lonely, or forgotten.

#### A Messenger of Peace

He used courage and gentleness, not anger, to help people choose peace over fear.



### How Can We Live Like St. Francis?



#### Care For Our World



Care for something living, protect shared spaces, and reduce or reuse waste.



#### Show Kindness to People

Speak gently to others and help anyone who might need your care or kindness today.



#### Be a Channel of Peace

Forgive someone who has hurt you and be a peacemaker at school and at home.

