

# Be Like St. Francis: A Guide to Care, Peace & Kindness

## Who Was St. Francis?



### A Friend to All Creation

He loved nature so much he called the sun his brother and the Earth his sister.



This is the 'Year of St. Francis,' celebrating a kind man who lived long ago. He taught everyone that caring for the Earth, for animals, and for people is how we show love and create peace. Pope Francis chose his name to remind us of these important lessons.

## Your Mission: Be Like St. Francis!



### Care for Something Living

Water a plant, be kind to a pet, or help protect a shared space.

### He Chose to Live Simply

He left a comfortable life to care for people who were poor, sick, or lonely.



### He Made Peace with a Wolf

In the town of Gubbio, he used gentle words, not anger, to make peace.



## His Big Ideas for Us



### Care for Our World

God's world is precious and we must all help protect it.



### Use Gentle Words & Actions

Speak kindly to others and choose forgiveness instead of anger.



### Everyone is Important

Every person is special, matters, and is loved by God.



### Be a Peacemaker

We are all responsible for helping one another and creating a peaceful world.



### Protect Our Planet

Reduce the waste you create or reuse something instead of throwing it away.